



# Sniffles

**Author:** Sunando C

**Illustrator:** Sunando C

Level 2



*Sniffle sniffle.*

Uh-oh!

Divya has the sniffles.



Divya can't have the sniffles today! She has to PLAY!

It's the finals of the Famous Football Cup!





*Sniffle, sniffle.*

They've WON!

THEY'VE WON THE FAMOUS  
FOOTBALL CUP!



*Sniffle, sniffle.*

"High five, Rustam!"

*Sniffle, sniffle.*

"Good game,  
Gurmeet!"



*Sniffle, sniffle.*

"Well done, Mohit!"

*Sniffle, sniffle.*

"You did it, Pooja!"



*Sniffle, sniffle.*

"Congratulations, everyone!"





**A-A-A-AAACHOOOO!**





*Sniffle, sniffle.*

No more football for Divya until she gets better.

She misses all her friends.



A week later...

No more sniffles!

Divya can't wait to see  
all her friends!



*Sniffle, sniffle.*

Uh-oh! What's this?  
It looks like Rustom  
has the sniffles now...

*Sniffle, sniffle.*

And Gurmeet...



*Sniffle, sniffle.*

... And Mohit...

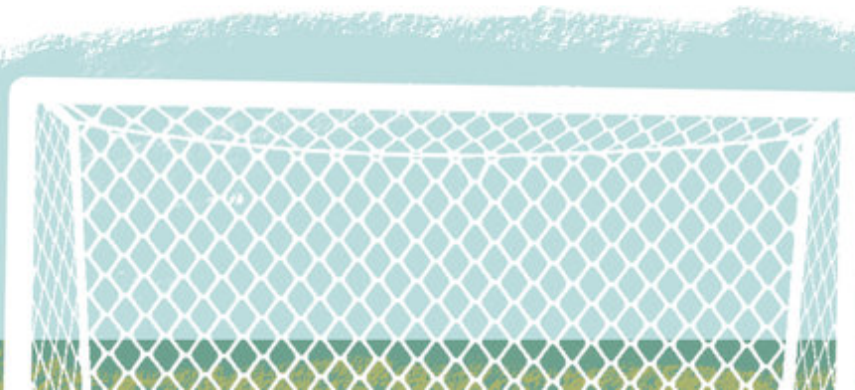
*Sniffle, sniffle.*

... And Pooja too!

**OH NO!**

**EVERYONE** has the sniffles!

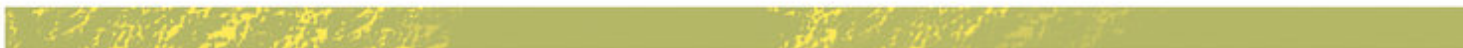
*Sniffle, sniffle.*





Colds are caused by tiny particles called viruses. They can float around in the air that we breathe, and sit on things we touch. When these viruses get into your nose and throat, they give you a sore throat, or a headache, or a clogged nose -- or even all three at the same time!

A cold can move very quickly from you to your friends. If you touch your friends when you have a cold, or sneeze or cough near them, they too will fall sick. Did you know that a single cough or sneeze can shoot your nose and throat viruses 12 feet through the air? How terrible!





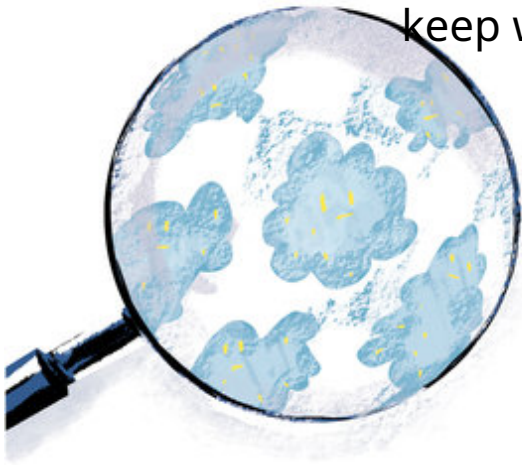
This is how you can **avoid catching a cold:**

Stay far away from anyone who has a bad cold.

If you meet or shake hands with someone who has a cold, wash your hands well. Otherwise, the virus will travel from your hands to your nose.

Do not share drinking glasses, eating utensils or clothes with someone who has a cold.

Eat lots of vegetables and fruits, drink plenty of water, exercise, keep warm and stay healthy!



### Story Attribution:

This story: Sniffles is written by [Sunando C](#) . © Pratham Books , 2017. Some rights reserved. Released under CC BY 4.0 license.

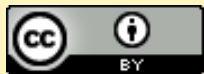
### Other Credits:

This book was first published on StoryWeaver by Pratham Books. The development of this book has been supported by Oracle. Guest Editor & Art Director: Vinayak Varma

### Images Attributions:

Cover page: [A girl with sniffles](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 2: [A girl with a football](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 3: [A girl with a trophy](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 4: [A girl playing football](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 5: [Winning a trophy](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 6: [Team playing](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 7: [Team players](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 8: [A girl showing off her trophy](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 9: [A football player sneezing](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 10: [A girl down with the flu](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 11: [A girl running in the playground](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license.

Disclaimer: [https://www.storyweaver.org.in/terms\\_and\\_conditions](https://www.storyweaver.org.in/terms_and_conditions)



Some rights reserved. This book is CC-BY-4.0 licensed. You can copy, modify, distribute and perform the work, even for commercial purposes, all without asking permission. For full terms of use and attribution, <http://creativecommons.org/licenses/by/4.0/>



The development of this book has been supported by Oracle.

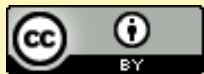


This book was made possible by Pratham Books' StoryWeaver platform. Content under Creative Commons licenses can be downloaded, translated and can even be used to create new stories - provided you give appropriate credit, and indicate if changes were made. To know more about this, and the full terms of use and attribution, please visit the following [link](#).

### Images Attributions:

Page 12: [Two unwell boys](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 13: [Children with red noses](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 14: [Goal post](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 15: [Children in the playground with a football](#) by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 16: [A girl catching a flu](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license. Page 17: [A germ-filled magnifying glass](#), by [Sunando C](#) © Pratham Books, 2017. Some rights reserved. Released under CC BY 4.0 license.

Disclaimer: [https://www.storyweaver.org.in/terms\\_and\\_conditions](https://www.storyweaver.org.in/terms_and_conditions)



Some rights reserved. This book is CC-BY-4.0 licensed. You can copy, modify, distribute and perform the work, even for commercial purposes, all without asking permission. For full terms of use and attribution, <http://creativecommons.org/licenses/by/4.0/>



The development of this book has been supported by Oracle.

# Sniffles

(English)

It's the day of the Famous Football Cup and poor Divya has the sniffles! Will she be able to play? Read this story to find out what happens to Divya, and also learn about how best to avoid the sniffles.

This is a Level 2 book for children who recognize familiar words and can read new words with help.



Pratham Books goes digital to weave a whole new chapter in the realm of multilingual children's stories. Knitting together children, authors, illustrators and publishers. Folding in teachers, and translators. To create a rich fabric of openly licensed multilingual stories for the children of India and the world. Our unique online platform, StoryWeaver, is a playground where children, parents, teachers and librarians can get creative. Come, start weaving today, and help us get a book in every child's hand!